

CARLETON HEIGHTS CURLING CLUB

DAY LADIES ETIQUETTE

The spirit of curling demands good sportsmanship, common courtesies, and honorable conduct. While not strictly in the rule books, curling courtesy goes a long way towards an enjoyable day of curling. By following these generally accepted courtesies you will be welcomed and accepted as a curler at clubs all over the world.

General Courtesies

- If you can't curl, find your own spare and advise your teammates of the change.
- Arrive in time for your games. You should be changed and ready to go on the ice 10 minutes before the start of the game. If you are going to be late let your skip know.
- At the beginning of the game, greet the members of the opposing team with a handshake, tell them your name, and wish them "Good Curling". Teams are encouraged to shake hands and determine with their opposition who has last rock while in the club house before stepping out on the ice.
- When the game is over, offer each of the players a hearty handshake and move off the ice. The winning curlers traditionally offer their counterparts some refreshments. The losing curlers often offer their counterparts a refill.
- Keep the ice clean. Change your shoes. Sand, grit and dirt are the ice's worst enemy. The shoes you wear should only be used for curling. Keep them clean. Also, if you see dirt on the ice, please remove it.
- Be a good sport. Congratulate players, both teammates and opponents, when they make a good shot. By the same standard, do not embarrass a player who has missed a shot. Cheering a missed shot is considered in poor taste and poor sportsmanship. Also do not make light of any bad fortune that befalls your opponent.
- Be honest. There are rarely referees or umpires in curling, so the game depends on players to police themselves and one another, especially during league play. If perchance you accidentally burn a stone, it is expected that you will be the first to announce it.
- Be courteous. You should never disturb a curler in the hack or during delivery. Until her thrown stone comes to rest, the sheet is hers and you should not interrupt her view by crossing the ice in front of her. Crossing behind her, preparing to throw your own stone is perfectly acceptable and expected.
- After delivering your stone, move to the side of the sheet between the hog lines, unless you are the skip. Leads and seconds are not permitted in the house or rings, except when sweeping or to remove the stones after the count has been determined by the vices.
- Take care not to walk down the middle of the sheet after your team's shot. You should walk on the sides to minimize wearing down the pebble, but more importantly to provide a clear view for the next curler to deliver the stone. They cannot determine what shot the skip calls for, nor can they deliver a stone if you are strolling down the middle of the sheet.
- Players are asked to refrain from kneeling on the ice or resting their hands on the ice after they deliver a rock. Doing so leaves an imprint in the ice surface which can affect the path of stones.
- Let the vice-skips do their job (keep score). When the final stone of an end comes to rest in the house, leads and seconds should remain well outside the house until the vice-skips have measured (if necessary), determined the score, and agreed to move stones.
- Let the skips do their job (call the game). Although every successful team depends on the input and expertise of each team member (curling is a team sport in every respect) the skip needs the support and respect of her teammates. Skips have the responsibility of determining strategy, calling shots and working with sweepers to make the most out of every shot of the game. So while discussion, communication and clarification are encouraged, be willing and able to defer to your skip's decisions even if you don't understand or agree with them.
- Skips stand behind the house, quiet and motionless, brooms horizontal or on the ground until their opponent has delivered the stone.
- If you accidentally displace a stationary stone, please announce it immediately. It's the privilege of the opposing skip to replace the stone to their satisfaction.

FOLLOWING THESE GUIDELINES WILL LEAD TO GOOD CURLING FOR EVERYONE.