

**Carleton Heights Curling
Club
(CHCC)**



Day Ladies Handbook

Curling with the Day Ladies:



Day Ladies (DL) curl on Tuesdays and Thursdays. The same membership fee applies whether you curl on one or both days. Tuesdays are drawn teams and Thursdays are fixed teams. Members are invited to sign up for draw curling and Match Committee will create draw teams. Thursday is fixed curling which is made up of pre-selected teams and team members (i.e. members make their own teams). If you don't have a team for Thursdays, Match Committee will assist you to find a team that is short a player or teams that are looking for a 5th player. Members may also spare on Tuesdays and/or Thursdays.

All draws are at 9:15 and 11:30 am. The first draws for both Tuesday and Thursday start the first week of October (after the pre-season sessions) and end before Christmas. The second Tuesday draw runs from January to early March and a third Tuesday draw from late March to the end of the season in April. This third draw allows women who travel in the winter a chance to curl again. The second Thursday draw runs from January to the end of the season in April.

The winners of each draw curling event and fixed curling event are presented with a trophy at the year-end banquet. For more information on the Trophies and sponsors please refer to the DL website.

The club has a reduced membership fee for those women who choose to curl only a half year (either September to December or January to April).

DL Draws:

The names of the draws are people who donated trophies and/or curled with us in the past. Please see DL website page for more information.

The **Barker** is “draw” curling where members sign up to play and teams are drawn by the “Match” committee.

The Barker Trophy was donated by the Day Ladies in honour of Tedde Barker. As a founding member, along with her husband Art, Tedde originally curled outside on natural ice. Tedde enjoyed six decades of a very competitive curling career with many curling achievements. Shortly before her retirement at the age of 91, Tedde skipped her team to win the annual Crystal Heart Tournament.

The **Urquhart** is “fixed” team curling where members sign up with their own set team of players. The Urquhart Trophy was donated by Ross Urquhart in remembrance of his wife, Diana Urquhart. Diana was an avid curler and long-time active member of CHCC.

The **Cribb** is “draw” curling where members sign up to play and teams are drawn by the “Match” committee. The Cribb Trophy was originally donated by David Cribb. On his passing, his children continued to support this trophy.

The **Caskey** is “fixed” team curling where members sign up with their own set team of players.

The Caskey Trophy was named in memory of George Caskey, sponsored by founding members Joan and Jack Kenney. George Caskey, along with Hugh Crawford, were instrumental in forming the first Junior League.

The **Teapot** is “draw” curling where members sign up to play and teams are drawn by the “Match” committee. The Teapot, as the name suggests, was an actual teapot originally used by the Day Ladies.

Jitneys (Pre-season curling and instruction): The first 2 weeks of the season are an opportunity to practice and coaches are available to give instructions. We encourage all curlers to attend especially new members and new curlers.

Club clinics: The club periodically offers clinics, see club website.

Practice opportunities: If there is an empty sheet of ice on the day ladies schedule, you are welcome to come out and practise. Please confirm availability with club manager.

Curling rules: We follow Curling Canada rules. (e.g. 5 rock rule: the first five rocks of the end cannot be taken out if they are not in the house until the 6th rock is played.) See the Curling Canada website for further details.

Finding spares: It is your responsibility to find your own spares. Look at the spare list which is at the bottom of the schedules. Teams that have a bye or players who are willing to play 2 games (names on list in locker room bulletin board) are also possible spares.

Administration

Executive Positions: DL executive has several positions: President, Vice President, Secretary, Treasurer, Membership, Match, Inter-Club, LCA(Ladies Curling Association), Canteen, Social. We also have convener positions that are not part of the executive: Card Party,

Christmas Party, Day Ladies/Day Men's Challenge and Books (DL library).

Please see DL website page for contact information. We encourage new members to volunteer on committees and events such as: Card Party, Canteen, Social, Christmas party.

Clean up by Teams on sheet #3:

For each draw, players on sheet 3 are responsible for cleaning the tables of coffee mugs etc. after games. Please clear and wipe tables and load the dishwasher. Dry the clean cups and put in cupboard.



Canteen: We run our own DL canteen as a fundraiser for our league. Coffee, tea, hot chocolate and cup-a-soups are available for \$1.00. Put money in little cash box in kitchen. Winners of every game buy drinks for the person playing the same position on the opposing team. Our canteen team also provides lunch during bonspiels at our club.



Name tags: We ask everyone to wear a name tag. They are available for purchase from the club manager.

Club Jackets: You can buy club jackets at the start of the curling year. See club manager for further details.

Lockers: For a small fee, lockers can be requested at the September Open House or on your registration form. See club manager for further details.

Equipment: You can purchase curling equipment like brooms, sliders, curling shoes, stabilizers etc. at our club. See the club manager.

You can also purchase equipment from retail places such as Goldline (Colonnade Rd) and Hogline (RCMP curling club).

Social

Social Members: They are women who curled with us in the past and want to stay connected to our group. They pay a small annual fee and can attend all our social events.

Social Activities:

All DL members & social members are welcome!

DL have several social activities in the year.

- October: Opening lunch/General Meeting is free.
- November: Card Party is for bridge/euchre players. You need to buy tickets and put your own foursome together. The Card Party is a fundraising event for DL and volunteers organize this event.
- December: Christmas Party; tickets must be purchased.



- April: Closing lunch/Annual General Meeting is free.

- April: Closing Banquet is our awards night where prizes and trophies are given to winning teams/runners up. Tickets for purchase. DL usually subsidize part of the fees for the Banquet.

Where to Get More Information

Bulletin Boards:

DL has two bulletin boards: One at the top of the stairs of the ladies' locker room and one in the locker room downstairs. Check them every time you curl to find out what's happening!

Day Ladies (DL) website:

- Google Carleton Heights Curling Club
- <http://www.carletonheightscc.ca/>
- Click on “Leagues” (top of the page)
- Click on “Day Ladies”

The following dropdown menus/headers will be available:

Events Calendar
Tuesday Schedule
Thursday Schedule
Executive Members List
League History
Photos
About Day Ladies
Additional Information
Useful Links

Password Protected Information: Information containing personal information will be Password protected. Example: “click” Tuesday Schedule and you will be asked for password.

Password: Initials of current president, which must be in CAPITAL LETTERS. This password will change each April following the election of new president.

Apple Devices: Some Apple devices may encounter difficulties when entering protected password areas. Simply go to the header and press the “Refresh” arrow and you will be allowed to enter password.

If you have any information/photos that you would like to post, please forward to the DL Vice President.

Bonspiels

There are several bonspiels in a year that are open to everyone. Some are run by the Inter-Club committee, others by Ladies Curling Association (LCA). These bonspiels usually start on Tuesday and end on Thursday or Friday. These bonspiels are listed below:

- February: Crystal Heart is the largest women's bonspiel in Eastern Canada, a fundraiser for Heart and Stroke Foundation. Refer to their website for

details. Teams for these events are formed by talking to other DL.

- November: The Centennial-Mary McGuire: LCA event for curlers over 55 years old. Curlers form their own teams.
- November: The Hope/Beddoe: Inter-Club event: Hope is for leads, seconds and one third as skip. Beddoe is for thirds (maximum of 2) and skips (up to 4). Curlers form their own teams.
- November & February: Champagne Challenge: This is an Inter-Club event. Each year, a club challenges another club to a game. Normally 3 teams from each club participate. The winner goes on to challenge another club and that winner will challenge another club in the following year and it continues. Sign-up sheet will be posted. Light snacks are offered at the end of the game by the hosting club.
- January: LCA event. Stanley-Gauthier bonspiel for curlers with 5 years of experience or less.
- February: LCA event. McCallum Filly-Hamilton Shield for curlers with 7 years of experience or less.
- February: Lady Tweedsmuir: This is a double rink Championship with one double rink entry per club.

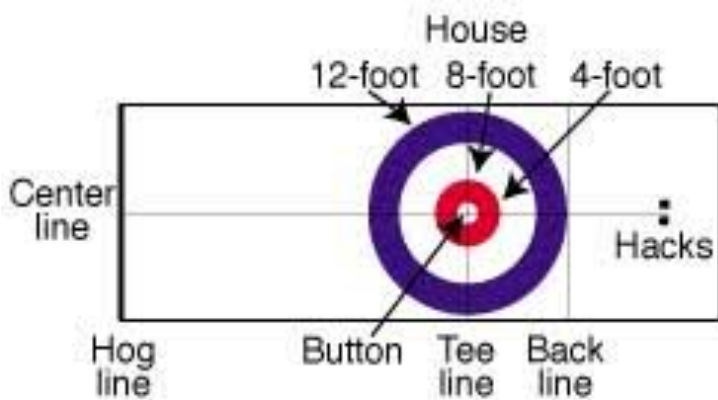
- March: Ladies of Ottawa: Inter-Club event. Open to everyone. Teams are drawn from players that sign up.
- March: The MacDonald/Patterson/Roy: LCA event. Open to everyone. Curlers form their own teams.

Sign-up sheets are posted on the bulletin board in advance of each bonspiel. You can sign up individually if you are not on a team. You may be picked up by curlers looking to make up a team. Sign-up sheets are posted on the bulletin board in advance of each bonspiel. You can sign up individually if you are not on a team. You may be picked up by curlers looking to make up a team.

Invitational bonspiels are run by different clubs; notices are posted in the locker room.

Day Ladies/Day Mens challenge: Every year, in November & February, we challenge the men to a game. There is a 4-end game at 9:30. The score is carried over for another 4-end game at 10:30. Afterwards we have lunch & drinks. The Day Men provide the lunch in November and the DL the lunch in February. No charge to participate. See sign-up sheet on bulletin board at top of stairs.

Etiquette:



We ask that all players follow proper curling etiquette. Curling Canada website has a complete list. Here are some reminders.



1. Be on time for your game. Seven other people are depending on you.
2. A regular curling game should be finished in 2 hours.
3. Always be ready to throw the rock when it's your turn.
4. Leads don't clear rocks. The starting lead must get in the hack and be ready to play.
5. Every curling game begins and ends with a handshake of friendship and goodwill to both team mates and opponents.
6. Clean your shoes before stepping on the ice. Clean your brush regularly during the game. Clean your rock before throwing.
7. Change your grippers at least once every year.
8. Leads do a "coin toss" using the spinner at each sheet of ice to determine which team throws the first rock. If you win the toss your skip will likely ask for last rock (the hammer). The opposition then chooses rock colour.
9. Thirds should be the only players in the house while the score is being decided.
10. Sweepers should be between the hog lines when rocks are delivered by the opposition.
11. Walk single file on the edge of the sheet of ice
12. Don't walk on the wood boards in the centre. They are not cleaned regularly.
13. Stop walking when someone on your sheet is delivering a rock.



14. Leads, take rocks out for your skip.
15. Only the next person delivering a rock should be behind the hack.
16. Sweepers may only brush their own rock until it reaches the far tee line. After the tee line only one brusher from each team may brush the rock. The other team may brush your rock after it reaches the far tee line.
17. Keep your body off the ice, hands, knees etc. It melts the ice & creates flat spots.

We wish everyone a great curling season. Your Executive is working hard to make sure we all enjoy curling at Carleton Heights. Feedback is appreciated!

