

# Carleton Heights Curling Club

## Waiver of Liability

In consideration of the Carleton Heights Curling Club (CHCC) permitting me to enter the club premises and/or ice surface, I hereby agree with the following:

I agree to comply with the rules and regulations respecting my conduct established by CHCC.

I am aware that there are risks, dangers and hazards inherent in the sport of curling, and in my preparation for, travel to or from, and participation in any curling related activity which is organized, operated and sanctioned by the Carleton Heights Curling Club.

The risks, dangers and hazards include, but are not limited to: injuries from vigorous exertion and strenuous cardiovascular workouts, injuries resulting from slips or falls to the ground, injuries from being struck or colliding with other participants, risk associated with travel to and from CHCC, and additional risks associated with competitive and non-competitive activities.

I also understand that injuries sustained in curling can be severe and fatal. I agree to participate in the sport of curling and acknowledge the associated risks involved in participation and willingly assume those risks.

I have been given the opportunity to obtain independent legal advice prior to entering the premise of CHCC and its ice surface. No person has attempted to unduly influence my decision to do so. I have made the decision on my own after careful consideration.